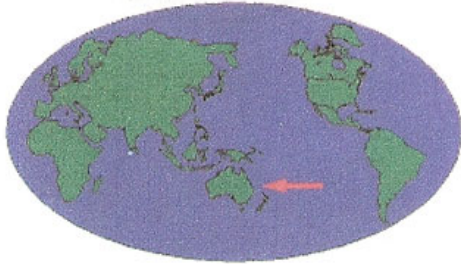


Professionals and non-professionals can use the TFH Synthesis as a basis for their clinical training, or they can attend the TFH Kinesiology Instructor Training to learn how to teach the Synthesis to others.

Touch For Health uses the tool of muscle testing to determine energy imbalances in the body. Raising energy through the acupuncture meridian system allows the person to feel positive health benefits, encouraging the natural processes of the body to enhance health and vitality.



Since 1974 Touch For Health has been taught in over 55 countries and has positively affected millions of people worldwide.

In 1990, Dr. John Thie, DC, the founder of TFH, made the International Kinesiology College of Zurich (IKC) the custodian for the Touch For Health Synthesis and its faculty the administrators for its teaching internationally.



Anyone may learn Touch for Health which is usually taught in four levels of 15 hours each.

To CONTACT US



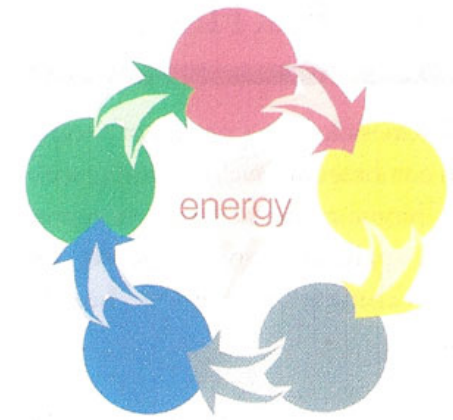
Don & Sylvia Davies
AKA AIK ATMS

Instructors since 1984 and have conducted businesses in Sydney, Coffs Harbour and now in Cairns.

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touch
for
Health
kinesiology

A Series of

Natural

Health Care

Programs

WHAT IS TOUCH FOR HEALTH?

Touch For Health Kinesiology is a system of natural health care which combines muscle monitoring with the principles of Chinese medicine to assess energy and body function, applying a range of gentle, yet powerful healing techniques to improve health, wellbeing and vitality.

Included in these programs you will learn about the many different energy systems that are in our bodies, and specific muscles that are related to them. These systems help us to maintain balance and harmony within the body.

Simple yet powerful corrections are applied, using muscle monitoring to create balance within the meridian system of the body - on all levels. Touch For Health Kinesiology addresses the structural, nutritional and emotional stresses common in our everyday life.



"Stressed? No Way! I had a Touch For Health balance..."

TFH Kinesiology can be learned easily by all people who are concerned with personal development and growth. These exciting and specialised group of workshop seminars are presented by our professionally trained and registered Touch For Health Instructors.

The Touch For Health Synthesis Content

TFH 1
15 HOURS

STAGE 1: 15 Hours

This is the introductory training to Kinesiology, providing techniques to balance the 14 muscle/meridian/organ relationship - for improved postural balance and improved health and performance. This course provides practical everyday applications of Touch For Health Kinesiology for increased wellbeing on all levels.

TFH 2
15 HOURS

STAGE 2: 15 Hours

Delves more deeply into balancing our systems' energetic relationships, using the ancient Chinese law of the 5 Elements.

TFH 3
15 HOURS

STAGE 3: 15 Hours

This stage focuses on how to implement the Touch For Health 42 muscles for complete 5 Element integration and Reactive Muscle Resets for enhanced performance.

TFH 4
15 HOURS

STAGE 4: 15 Hours

Completes the program with additional postural & energetic balancing techniques, bringing all aspects together as a total holistic health care modality.

The Touch For Health synthesis is an amazing modality, already having touched millions of people world-wide, being on the forefront of alternative holistic therapy.

TFH
Advanced
8 HOURS



TFH Kinesiology
Instructor
Training
8 days

This specialised professional training workshop qualifies the TFH graduate to then become a registered TFH instructor and teach the TFH Synthesis from stages 1 - 4. To qualify for entry into KIT you will need to complete TFH Advanced. KIT is an 8-day training intensive, including revision and "how to teach" techniques specific to Kinesiology.



The program is taught by appointed Australian International Kinesiology College (IKC) faculty members. The qualification is recognised all over the world. Requirements to maintain registration include an update every three years.